

Network for a Healthy California—LAUSD
Action/Nurse/NAC Award

FOOD PREPARATION MATERIALS AND SUPPLIES

The following list contains a summary of allowable kitchen equipment and appliances that may be purchased to support cooking in the classroom, aid in the preparation of Harvest of the Month produce, or any other nutrition education activities. Use **Object Code 4501** to budget for these items. Suggested vendors were selected with input from our funder as well as recommendations from LAUSD Procurement Branch. These are recommendations. You are free to use other vendors as long as they have an LAUSD Vendor Number.

Suggested Kitchen Materials (including miscellaneous cooking and eating supplies)

- ✓ Bowls, various sizes
- ✓ Measuring cups and spoons
- ✓ Cutting boards
- ✓ Knives
- ✓ Colander/strainer
- ✓ Spatula
- ✓ Peeler
- ✓ Vegetable brush
- ✓ Apple wedger
- ✓ Hand-held can opener
- ✓ Whisk
- ✓ Grater

Suggested Kitchen Appliances

The following kitchen appliances may only be purchased as identical items in limited quantities. The purchasing guideline is one appliance for every 200 students. For example: if your school population totals 1000 students, you may purchase a maximum of five identical electric skillet for use at your site.

- ✓ Electric Skillet
- ✓ Blender
- ✓ Crock-pot
- ✓ Hand Mixer
- ✓ Juicer
- ✓ Food processor
- ✓ Sectionizer
- ✓ Dehydrator

Note:

- **Materials and supplies purchased with *Network* funding are to be used solely for Nutrition Education.**
- **For safety purposes, all electric appliances must have a grounded, three-pronged plug. Additionally, LAUSD policy states that all kitchen materials and appliances must be properly stored when not in use and does not allow cooking equipment in student areas unless in use for educational purposes.**
- **These Food Preparation Materials and Supplies are to help supplement the instruction of Nutrition Education, choose equipment wisely and with economy in mind.**
- **Materials and supplies are not limited to the suggested lists above.**
- **For more information, email the *Network* at info@healthylaUSD.net or call the *Network* office at (818) 609-2550.**