

NUTRITION ADVISORY COUNCIL (NAC) AWARD

The *Network for a Healthy California—LAUSD (Network)* promotes the consumption of fruits and vegetables and encourages physical activity for better health. We work towards this goal by sponsoring programs such as Harvest of the Month, offering nutrition education workshops for teachers and parents, and providing limited funding opportunities to eligible schools to purchase nutrition education materials.

Nutrition Advisory Council (NAC) award provides support, motivation, and ideas for a NAC Advisor to form and run a student group that promotes the consumption of fruits and vegetables and physical activity to all student body members and their families. Activities should include the promotion of policy changes at the school and in the community.

Funding Eligibility Requirements:

- Fifty percent or more of the student population qualifies for free or reduced-price meals.
- School meals are provided by the LAUSD Food Services Branch.
- Certificated personnel are willing to coordinate the program at the school site.
- Participating staff members are willing to comply with program guidelines.

Eligibility for NAC award:

- Any school which meets the Funding Eligibility Requirements may apply.
- Continuing schools must be in good standing based on a review of 2008-2009 Quality Assurance forms.

Purpose:

The purpose of the NAC Award is to provide students the unique opportunity to become nutrition leaders within their school and community.

Requirements for the NAC award:

- A certificated staff member must serve as a NAC Advisor to at least 10 interested students, and there must be collaboration and support from an administrator and a Food Service Worker.
- The NAC Advisor must develop and submit a NAC Plan and Budget.
 - The NAC Plan should describe specific strategies and activities that will promote student-led nutrition education and physical activity at the school site.
 - The NAC Budget must correlate with the activities in the NAC Plan.
- Review and sign the Roles and Responsibilities for NAC Advisors.
- Complete the NAC Award Leadership Team Contract Agreement and have all team members sign.
- Attend a mandatory NAC Orientation in October. Locations and times will be announced in the award letter sent to the school.

NAC Advisors must log time for the NAC Award. If the school has an Action, Harvest of the Month, or Modified award the NAC Advisor should not sign the school's Intent to Participate.

NAC Advisors do not receive Harvest of the Month produce through the NAC Award. They can receive the Harvest of the Month produce only if their school has received an Action Award or Harvest of the Month Award.

Funding amount:

- \$1,100
- One complementary visit from a professional chef.